

Announcement—Hooray!

The Ketamine Training Center arises from the ashes of the pandemic and brings back life to training practitioners in Ketamine Assisted Psychotherapy.

Three (3) of our experiential 5 day programs—all residential in the interest of pandemic safety and the building of community

- **4/20 Tuesday Dinner Arrival and Departure noon on Sunday 4/25 at the remarkable 1440 Multiversity in Santa Cruz, California**
- **5/23 Sunday Dinner Arrival and Departure noon on Friday 5/28 at the remarkable 1440 Multiversity in Santa Cruz, California**
- **6/20 Sunday Dinner Arrival and Departure noon on Friday 6/25 on the Hudson outside of NYC -site determination in process**

We open with our first workshop at the extraordinary 1440 Multiversity in Santa Cruz with a new revamped program keeping our experiential/community experience and renewing and expanding our teaching of this remarkable practice.

The dates are near: Tuesday April 20th—evening arrival to Sunday April 25th's noon departure. This is an all-inclusive event—as are all of this year's trainings-- and we will all be staying on campus throughout as part of our pandemic security. Fees are for all aspects of the program from accommodations, to all meals, to our tuition. Inclusive.

Here is our current view of pandemic precautions that will allow us to hold an open experience in safety (later trainings will be responsive to conditions at those dates and everyone must be completely vaccinated):

- 1) We prefer practitioners to be vaccinated at least with a first vaccination or J&J. Our staff will be.
- 2) The problem for us is that the training is just 6+ weeks away and it would mean all applicants would have to get vaccinated by March 9th for the Moderna 6 weeks to have passed; and by March 16th for

the Pfizer,, and for the J&J there is no clear date for initiation of vaccination.

- 3) We require all practitioners to have had at least one vaccination prior to the event as everyone is a health care worker.
- 4) For all participants, we would require a negative test 4 days prior, careful isolation in the days prior, and a negative rapid test at the site prior to admission.
- 5) If there are those who are uncomfortable with this protocol, they should register for our later events.
- 6) If anyone, tests positive or becomes ill prior to the event, we will refund their fees and apply the deposit to a later program. We will have a waiting list, but hopefully –we wish you all well--no one becomes ill before the program starts.

Each program will begin with two zoom sessions two and one weeks respectively before the program. This is to begin the process of bringing us together and to set the tone for the experience ahead.. At the first session, I will present an overview of KAP, its philosophy, methodology and place as a psychedelic psychotherapy. This will not be a Nuts and Bolts presentation as that is a part of the main program. The second session will focus on ethics and psychedelic psychotherapy. Both will have significant time for discussion- -and therefore a bit of getting to know each other, the beginning of our shared community.

There is a choice to be made of having your own room at greater cost, or sharing of the spacious rooms with one other person at a lesser cost—and that depends on your feelings of safety. We will help with this on registration. This applies to the two programs at 1440 (the number of minutes in a day) and will be determined in the days ahead for the New York Program

1440 is an extraordinary retreat center with large space and trails for hiking. It will not be full of other groups at our training—extraordinarily spacious. Do look at the website and you will appreciate its beauty and expansiveness. It is unprecedented.

https://www.1440.org/?utm_source=google%20my%20business&utm_medium=listing&utm_campaign=visit%20website

When the Hudson True North Training was cancelled early last year due to the emerging pandemic, many registrants kept their money in—this ranging from the full tuition and board to the \$500 deposit. As time waxed on, we issued refunds as requested. In our recognition of the trust placed in us, we are offering first choice to those who had registered for that training with us. As these two first trainings will be in California, we understand that many east coasters may not wish to travel and will wish to wait for the New York program. On the other hand California is beautiful in the spring and trainings are limited to 24-28 participants. So, it is best to make an early decision. We do anticipate holding Fall trainings, yet as we are all aware uncertainty abounds in these difficult times.

Costs are as follows and will be prorated for those of you who have left money in KTC. Tuition has been determined for the two 1440 programs. We will be posting on our KTC website by the weekend and you will be able to register on the site and make your appropriate payment then. When you respond on the website format, please check the box that you have tuition money already with us and we will send you the new calculation. If you are applying again and had been previously registered, you need not send a new \$100 deposit.

And do be aware that if there is a change on our end or yours due to the pandemic, we will issue refunds. It is a vulnerable time, we want to get going, and we are aware of the risks in doing so.

List of Program Charges for the two 1440 programs

New Registrants \$500 fee, \$400 refundable up to 4/1 and 5/1 for each 1440 program . Processing fee of \$100 is non-refundable. NY TBD.

We have a two level fee structure that gives some recognition of the probable different earning capacities of MDs, NDs, and DOs compared to our other disciplines. This is a team building approach as per the descriptions on the KTC website.

There is a choice to share rooms or have your own single. As the rooms are spacious with separate beds and we have covered the pandemic issues we encourage sharing. You can pick roommates if you know someone with whom you wish to share. If you snore significantly, please choose a single, or another snorer to drown each other out (doubtful).

MDs, NDs, DOs and those who are doing well—you make the choice: Single Room Tuition \$5675 Shared Room: \$4475

Other Practitioners: Single Room Tuition \$5175 Shared Room: \$3975

We will consider requests on a limited basis for tuition reductions in the interests of diversity and accommodation of those who have less. We are doing our best to keep costs low and while we are being most generously treated by 1440, our margins are deliberately thin.

Looking forward to being with you! Website coming.

Hugs and love,

Phil Wolfson MD for KTC and The Ketamine Research Foundation